At The BE Network, 'volunteering' isn't a slogan, political agenda or cost saving exercise. It's bigger, it's better its beautiful! It's about passionate people working together to 'BE' the difference they want to see in the world.

The purpose of this lovingly designed little flyer is to introduce you to how you can 'BE' the difference for young people, children and families in mid Suffolk.

We believe in young people. We believe they have immeasurable worth and are valuable, exceptional and unique. We believe they can change their personal world and the world we live in.

The Mix exists to empower and enable young people to change their world and ours and we strive everyday to empower, support & protect young people so they can discover their true value and build their best future.

We need you to help this vision become a reality!



Youth Work

The Youth Work team at The Mix exists to support young people with every area of their lives and works in multiple settings across mid Suffolk.

Our Youth Work team is currently working in the following areas:

# Open Access Drop In's

Providing Young People with access to a fun & safe space with confidential information, advice and quidance.

#### 1-1 Coaching

Providing Young People with confidential support around any issues, challenges and goals they want to discuss.

### Leadership Training

Everyday the story of our lives is being written... but who has the pen? The Leadership for Life programme equips Young People to write their own story.

#### Schools Work

Drop ins, Leadership Training, Stress Management and more. Supporting Young People where they spend most of their time.

#### **Detached Work**

Building relationships & providing informal support where Young People are and when they need it.

#### Crisis Services

Housing support, hot meals, fresh clothes and confidential information. advice and guidance at times its needed the most.

# Information, Advice, Guidance & Signposting

We don't have all the answers but we work hard to help Young People find what they need, when they need it.

If you decide to get involved take a look at the info below. It'll give you a bit of an idea of what happens next. Don't worry about training or experience, we'll provide you with everything you need.

# 1. Complete an application

Email us or pop in and ask one of the Youth Work team for a paper

## 2. Come along to an interview

Also known as a nice chat with someone from our Youth Work team over a cup of coffee and a piece of cake.

# 3. Provide a couple 6. Get started! of references

Don't worry we'll do all of the leg work. We just need to hear from a couple of people that you aren't too weird. A bit weird is fine!

## 4. We'll get you a DBS check

A few bits of I.D and some basic personal info and we'll take care of it all for you.

## 5. Take part in an induction

This is where the fun starts... Safeguarding training(!) and a lot more. All designed to get you ready to start with us.

Its not as scary as you think. Young People are awesome!